

peaceonplatefoods



KEEP FROZEN AT -18°C

Eat Veg *Feel* non Veg

**Peace on Plate foods P ltd,**

No 91 AB, Nagappan street, Sowripalayam pirivu, Coimbatore- 641045

*fssai* 12422003001997

+ 91 74185 55990 / 74185 55991  [www.mockmeatindia.com](http://www.mockmeatindia.com)  [peaceonplatefoods@gmail.com](mailto:peaceonplatefoods@gmail.com)





### Mock Mutton

- ▶ Veg Mutton Biryani
- ▶ Veg Mutton Gravy
- ▶ Veg Mutton Chukka
- ▶ Veg Mutton Fry
- ▶ Veg Mutton Keema Balls
- ▶ Veg Mutton Kothu Curry

### Mock Fish

- ◀ Veg Fish Biryani
- ◀ Veg Fish Gravy
- ◀ Veg Fish Fry
- ◀ Veg Fish Chilly
- ◀ Veg Fish Tikka
- ◀ Veg Fish Pepper Fry



### Mock Fish Fillet

- ▶ Veg Fish Fry
- ▶ Veg Fish Tikka
- ▶ Veg Fish Gravy



### Mock Prawns

- ▶ Veg Prawn Biryani
- ▶ Veg Prawn Butter Masala
- ▶ Veg Prawn Fry
- ▶ Veg Prawn Gravy



### Mock Chicken

- ▶ Veg Chicken Biryani
- ▶ Veg Pallipalayam Chicken
- ▶ Veg Chicken Gravy
- ▶ Veg Chicken Fry
- ▶ Veg Butter Chicken
- ▶ Veg Chicken Masala



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### Mock Chicken Kheema

Mock Chicken Kheema Dosai  
Mock Kheema Poriyal  
Mock Chicken Kheema Gravy



### Mock Mutton Kheema

Mock Mutton Kheema Dosai  
Mock Mutton Kheema Poriyal  
Mock Mutton Kheema Gravy



### Mock Sura puttus Kheema

Mock Sura Puttu Dosai  
Mock Sura Puttu Poriyal  
Mock Sura Puttu Gravy



### Mock Liver

Mock Liver Poriyal  
Mock Liver Gravy

| INGREDIENTS            |                              |           |
|------------------------|------------------------------|-----------|
| Nutritional Facts      | ▷ Isolated Soy Protein       | Mock MEAT |
|                        | ▷ Textured Vegetable Protein |           |
|                        | ▷ Modified Starch            |           |
|                        | ▷ Guar Gum, Salt, Sugar      |           |
|                        | ▷ White Pepper,              |           |
|                        | ▷ Seaweed Whey Protein,      |           |
|                        | ▷ Yeast Extract,             |           |
| ▷ Vegetarian Seasoning |                              |           |

|                    |          |     |
|--------------------|----------|-----|
| Calories           | 283 Kcal |     |
| Calories from Fat  | 171 Kcal |     |
| Total Fat          | 19g      | 29% |
| Saturated Fat      | 9g       | 45% |
| Trans Fat          | 0g       | 0%  |
| Cholestral         | 0g       | 0%  |
| Sodium             | 1178 mg  | 49% |
| Total Carbohydrate | 11g      | 4%  |
| Dietary Fibre      | 2g       | 8%  |
| Sugars             | 3g       | %   |
| Protein            | 17g      | %   |
| Vitamin A          | 0%       |     |
| Vitamin C          | 0%       |     |
| Calcium            | 6%       |     |
| Iron               | 12%      | 12% |

### Cooking Method

It's a semi cooked food. So just cook for few minutes  
Put in any curry of your style, Manchurian, Deep Fry, Pakoda, Stir Fry, Gravy, Frankie/Rolls, Pasta/Noodles, Soups, Chinesse Style Dishes and more with your innovative recipes.

As our product comes semi-cooked, it requires lesser cooking time. Add it to any curry of your style. etc.

Serving Size : 100 g | Keep Frozen at - 18°C

Packing Available

100gms / 200gms / 1 KG

# STARTERS

Ready to Fry



VEGAN FRIENDLY



NO ADDITIVES



NO ADDED COLORS



Veg Mutton Vadai



Veg Fish Finger



Veg Chicken Cutlet



Corn Cheese balls



Paneer finger



Dahi Tikki



Veg Chicken Roll



Paneer Pops



Veg Mutton Roll



Mini Punjabi Samosa



Veg Momos



Paneer tikka



Veg Wonton

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